

Counselling

at SHQ

Need a hand?

We're here to help



We provide a safe space to explore conversations around sexual health and relationships.

SHQ Counselling

70 Roe Street Northbridge WA 6003

📞 9228 3693

✉ counselling@shq.org.au



SHQ offers confidential and affordable counselling for individuals, couples and families.

Experienced counsellors can talk through the following issues in a safe and non-judgemental way:



Sex and respectful relationships



Safer sex, STIs and BBVs



Past sexual assault / abuse



Pregnancy options and post termination



Sexual difficulties and intimacy



Diverse sexuality and gender

We offer appointments Monday to Friday (no referral necessary).

Phone counselling is also available.



Counselling is **FREE** for clients experiencing an unintended pregnancy or seeking post-termination counselling.

Counselling is also free for clients under 25 years.

All other fees are based on a sliding scale. A Health Care Card rate is also offered.

shq.org.au

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