

Modules

PIP has developed comprehensive teaching Modules to assist teaching staff, carers, disability support workers and professionals to implement sexuality education to people with disability. These Modules are available to purchase from our website.

Workshops

PIP offers professional development workshops for teaching staff, parents, carers, disability support workers and professionals. The teaching sessions can be tailored to the needs of the individual, school, or organisation.

Please visit our website for more information about upcoming workshops/ events and to download the *Professional Development Request Form*.

People 1st Programme (PIP)

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people1stprogramme.com.au

PIP is a project of
The Family Planning Association of WA (Inc.)

*PIP is on Whadjuk land. We acknowledge the
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OUR SERVICES

People 1st Programme (PIP) believe that people with disabilities must be acknowledged as sexual beings who have the right to make informed choices about their sexuality, sexual and reproductive health and relationships

PIP provides services to people with disability in respectful relationships, protective education and sexuality. PIP covers a broad range of topics including:

- Resilience and self-esteem
- Feelings
- Private and public concepts
- Protective education
- Puberty and hygiene
- Menstruation
- Masturbation
- Friendship skills
- Sex, consent and the law
- Sexual diversity
- Safer sex practices and sexually transmissible infections
- Contraception and pregnancy choices
- Men's and women's health
- Respectful relationships including couples counselling
- Cyber safety, sexting and bullying
- Assertive communication

- Family and domestic violence counselling
- Sexual abuse counselling
- Inappropriate sexual behaviours

Individual sexuality education and counselling sessions

Sexuality education and counselling sessions are an integral part of our services and are designed to respond to individual needs.

Sessions are provided in Perth, the South West and Albany, and video conference sessions are available. *The Referral Form* is available from our website.

We are registered to deliver services for NDIS and WANDIS.

Parents/Carers

PIP provides strategies to parents and carers who have a family member attending our services. Education and training opportunities are also available.

School programmes

PIP offer comprehensive school programmes or tailored sessions suited to primary and secondary students. These are delivered in consultation with teaching staff. The *Programme Request Form* is available from our website.

Professional development

Please contact PIP for more information about any of the following training opportunities.

eLearning

The eLearning programme is comprised of individual units, which cover a series of topics. All units include some additional resources and can be further supported by purchasing teaching Modules. To register for the eLearning programme, please visit our website.