

# Inclusive and Accessible

## Counselling, Education and Training

### For people with disability



We provide services to people with disability, parents and carers, in respectful relationships, protective education and sexuality.

- ▶ Individual counselling
- ▶ Support for parents and carers
- ▶ School programs
- ▶ Training for professionals
- ▶ Group programs

We have offices in Northbridge, Joondalup, Mandurah, Bunbury, Busselton and Albany. For more information please contact us.

**SHQ (Sexual Health Quarters)**

📞 9227 6414 ✉ support@shq.org.au

shq.org.au



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We support the  
**ndis**

Our experienced counsellors, psychologists and educators can offer safe and non-judgemental counselling and support:



Sex and respectful relationships



Protective behaviours



Past sexual assault / abuse



Pregnancy options



Puberty



Diverse sexuality and gender

We offer appointments Monday to Friday. Phone counselling and telehealth appointments are also available.

### NDIS Services



We are registered with the NDIS. Please include Therapeutic Supports (Counselling 15\_043\_0128\_1\_3) in your plan.

### People 1<sup>st</sup> Programme

We offer free services for people who are at risk, are vulnerable or need immediate support. This programme is supported by the Department of Communities and you do not need to be with the NDIS to access our services. Please contact us on 9227 6414 for more information.