

## Professional Development Training Disability



Our Disability Team can deliver professional development to your service on a variety of topics relevant to working with people with a disability. Whether you are a professional, parent, carer, teacher, or someone supporting a person with disability we can support you in all topics relating to sexual health and respectful relationships. Our Team can provide bespoke training depending on your unique needs. We also offer the following courses:

### Sexuality & Disability: What You Need to Know!

This is a two day course designed for service providers, teachers and other professionals who work with people with disability, to better provide inclusive sexuality and wellbeing support to people with intellectual and/or neurological disability.

We have updated our Creative Approaches training course with new content to provide more inclusive sexuality and wellbeing support to people with intellectual and/or neurological disability. The training covers:

#### Day 1

- Supporting sexuality with a sex positive approach
- Self-reflection, societal attitudes, and values
- Protecting and promoting the human rights of people with disability
- Supporting diversity in gender, bodies, and sexuality
- What is supported decision making, and how to advocate for people with disability to make their own decisions

#### Day 2

- Consent education and special considerations for people with intellectual disabilities
- Exploring sexual behaviour/expression; responding and supporting
- Implementing protective education, including public and private concepts
- Talking confidently to people with disability about relationships and sexuality topics
- Responding to disclosures or possible indicators of abuse

**Cost:** Price on application.  
Please contact us to discuss.

**Contact:**

☎ 08 9227 6414 ✉ [support@shq.org.au](mailto:support@shq.org.au)

## SoSAFE!

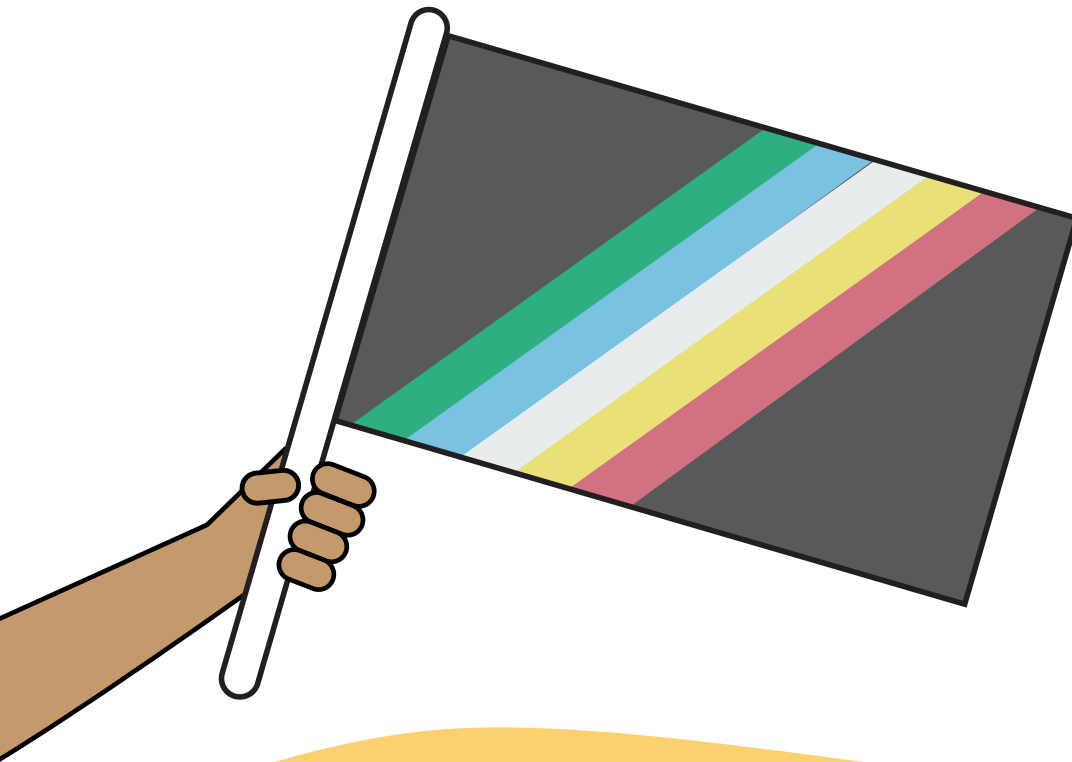
SoSAFE! Is a one day workshop that provides teachers, counsellors, and other professionals with simple visual tools to enhance the training of social, socio-sexual and social safety skills.

The SoSAFE! program uses a standardised framework of concepts, symbols and visual lesson materials to teach the type and degree of communicative and physical intimacy appropriate with different groups of people in an individual's life. The program also teaches strategies for moving into intimate relationships in a safe and measured manner.

The SoSafe Program is a product of Sexual Health & Family Planning ACT. SHQ is licenced to deliver SoSAFE! Training.

**Cost:** Price on application.  
Please contact us to discuss.

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This is the disability pride flag