Sexual Health Quarters

Respectful Relationships and Sexuality Education Sessions for Primary Schools

I learned that every friendship is not always perfect and that you can always talk to them when you have an issue.
– Yr 5 student

I love how you teach us with games.
– Yr 5 student

I learned that you can say no to things that make you feel uncomfortable.
– Yr 6 student

SHQ's Education team deliver interactive education sessions which develop students' knowledge, skills and confidence to make decisions that keep themselves and others safe and healthy. The sessions are engaging and fun, with participants actively involved in their learning.

Our team of experienced educators can facilitate sessions on a variety of topics. Schools can book one session on a particular topic, or a series of sessions. We recommend at least two sessions to cover more topics and provide extra time to answer students' questions. Popular topics are listed below. If you would like us to cover a topic that is not listed, please feel free to talk to us about designing a session to suit your group of students.

Cost: Price on application.
Please contact us to discuss.

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Popular topics in Primary schools include:

- Public and private concepts
- Identifying body parts
- Seeking help
- Keeping safe – body signals
- Families
- Celebrating our differences
- Knowing my boundaries
- Secrets and surprises
- Effective communication
- Respectful Friendships
- What's OK and not OK
- Puberty changes and periods
- Reproductive systems and pregnancy

We typically work with class size groups and our sessions are informal, interactive, and delivered in a safe, supportive environment with hands-on activities. All sessions are tailored to meet the needs of the group.

Having SHQ work with our students was fantastic. The way the presenters delivered the program and engaged with our students was outstanding. We will certainly be continuing on with this program in the coming years.
- Meg Elsbury, Deputy Principal, Samson Primary School.