

SHQ Counselling and Psychology Services



We provide inclusive, client-centred counselling and therapy for sexual wellbeing, relationships and sexuality.

- ➔ Individual and couples counselling
- ➔ Face-to-face and telehealth
- ➔ Group programs
- ➔ Professional development and training

SHQ (Sexual Health Quarters)

70 Roe Street Northbridge WA 6003

📞 08 9228 3693

✉ counselling@shq.org.au



**Sexual
Health
Quarters**



Confidential Counselling and Therapy

Our experienced counsellors and psychologists offer safe and inclusive counselling and therapy around sexual health, relationships and sexuality. Our professional services are welcoming and accessible. We offer assessment and counselling services around:



Sexual difficulties and intimacy



STIs and BBVs



Sexual assault



Unintended pregnancy and post termination



Relationship counselling



Anxiety around cervical screening

Self referrals are accepted so please contact us to book an appointment. Telehealth appointments are available and we also offer interpreter support.



Sessions are free for unintended pregnancy or post-termination support. Initial session is free for clients 18 years and under. Health Care Card concession rate available. Mental Health Care Plan session are bulkbilled. Accessible fees for other services.

Medicare Billing

GP referrals required for Mental Health Treatment Plans. Referral enquiries to counselling@shq.org.au or please contact us on **08 9228 3693**

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