

Young people, respectful relationships, consent & sexuality:

A workshop for parents & carers



Presented by Sexual Health Quarters, Western Australia's leading provider in sexual & reproductive health.

What is the reality of young people's experiences of respectful relationships, consent and sexuality?
What are some of the issues facing young people today?

How can parents and carers feel confident to have conversations with young people about respectful relationships, consent and sexuality?

The workshop is facilitated by experienced relationships and sexuality educators who work with young people in schools and communities.

The workshop includes:

- The latest research about young people, relationships, sexuality and sexual health
- What a young person needs to know, and when
- What young people are telling us
- When is the right time to talk about respectful relationships, consent and sexuality
- How to have confident conversations
- Where to find credible sources of relationship and sexual health information for you and your child
- All attendees will leave with a package of resources and referrals

Presenters

Karen Molhuysen has over 20 years' experience as a respectful relationships and sexual health educator working with young people. Karen specialises in positive, inclusive, strengths-based approaches to empower young people to be strong in themselves, make healthy decisions, and care for themselves and others. Karen delivers professional development training to teachers, clinicians, counsellors, youth workers and allied professionals.

Felicia O'Keeffe is an experienced secondary school teacher and youth educator, working extensively with primary and secondary schools in Perth to implement best-practice relationships and sexuality education. She also provides professional development training in the areas of relationships and sexuality education and LGBTIQ+ diversity and has a Graduate Diploma in Sexology from Curtin University.

