

| | |
|------------------------|--|
| Date of Request | |
|------------------------|--|

| Contact Details | | | |
|---------------------------------------------------------------------------|--|-----------------|--|
| Name of School or Organisation | | | |
| Address | | | |
| Contact Person | | Position | |
| Phone | | Email | |
| Address where sessions will be delivered (if different from above) | | | |
| Best day/time to discuss program over the phone | | | |

| Options - please tick | | |
|------------------------------------------------------|--------------------------------------------------------|--|
| 5-week school program | Maximum 4 groups. | |
| Education sessions for adults with disability | *Discuss group numbers and duration with the Educator. | |

| Group 1 | |
|--------------------------------------------------------------------------------------------------------------------------------------------|--|
| Number of participants (Maximum 10 per group) | |
| Year Groups (We recommend having no more than two school years between participants in each group, eg Year 7&8, 9&10 etc). | |
| Have students in this group had any previous relationships and sexuality education? Please provide details, including topics. | |
| Requested topics (Maximum 3). Please see listed topics on page 3. If a topic is not listed, please discuss with the Coordinator. | |

| Group 2 | |
|--------------------------------------------------------------------------------------------------------------------------------------------|--|
| Number of participants (Maximum 10 per group) | |
| Year Groups (We recommend having no more than two school years between participants in each group, eg Year 7&8, 9&10 etc). | |
| Have students in this group had any previous relationships and sexuality education? Please provide details, including topics. | |
| Requested topics (Maximum 3). Please see listed topics on page 3. If a topic is not listed, please discuss with the Coordinator. | |

| | |
|------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Group 3 | |
| Number of participants (Maximum 10 per group) | |
| Year Groups (We recommend having no more than two school years between participants in each group, eg Year 7&8, 9&10 etc). | |
| Have students in this group had any previous relationships and sexuality education? Please provide details, including topics. | |
| Requested topics (Maximum 3). Please see listed topics on page 3. If a topic is not listed, please discuss with the Coordinator. | |

| | |
|------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Group 4 | |
| Number of participants (Maximum 10 per group) | |
| Year Groups (We recommend having no more than two school years between participants in each group, eg Year 7&8, 9&10 etc). | |
| Have students in this group had any previous relationships and sexuality education? Please provide details, including topics. | |
| Requested topics (Maximum 3). Please see listed topics on page 3. If a topic is not listed, please discuss with the Coordinator. | |

| | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Has there been an incident which has prompted this request? Please provide details. <i>(Eg students masturbating in class, non-consensual touching, etc).</i> | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|

Please note that once your request has been submitted, the Coordinator will be in touch to discuss specific needs to tailor the program to each group. It is helpful for our team to have some general information about:

- the types of disability of participants (eg physical, cognitive)
- level of assistance required to engage in education (eg independent; full EA support)
- reading comprehension levels
- range of verbal communication skills and types of communication methods used, eg single words, sentences, visuals, AAC devices
- any existing sexualised behaviours of concern and existing management strategies
- religious or cultural considerations
- any other relevant information which can help our team tailor sessions to participants

| Topics | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Protective Education</p> <p><i>(If selecting this topic, please note this will be delivered as the only topic for the 5 week program).</i></p> <p>Explore boundaries, ok and not touch, consent, and other components of personal safety.</p> | <p>Public & Private</p> <p>Understand public and private concepts: body parts, places, activities, talk.</p> | <p>Feelings</p> <p>Explore and recognise feelings and emotions of self and others.</p> |
| <p>Puberty/Bodies</p> <p>Explore physical, social and emotional changes that occur during puberty. Includes managing hygiene practices.</p> | <p>Period management</p> <p>Learn about periods; what to expect, what to do and how to manage periods. Includes managing hygiene practices.</p> | <p>Masturbation</p> <p>Understand safe and appropriate masturbation practices. Includes managing hygiene practices.</p> |
| <p>Sex, Consent & the Law</p> <p>Understand the laws around consent and explore how to communicate consent.</p> | <p>Online Safety</p> <p>Learn how to reduce the risks associated with being online and where to get help.</p> | <p>Respectful Relationships</p> <p>Explore different types of relationships, how to have respectful relationships and recognise when relationships are unhealthy.</p> |
| <p>LGBTQIA+ diversity</p> <p>Understand diversity in physical sex, gender, feelings of attraction and learn about inclusivity.</p> | <p>Pornography & Sexting</p> <p>Understand laws and ethics around sexting. Understand how sex in porn is different to sex in real life.</p> | <p>Sexual health</p> <p>Learn how to reduce the risk of STIs through prevention, testing and treatment. Discuss different methods of contraception.</p> |

Please submit all requests to SHQ Disability Team: support@shq.org.au