

IUD EDUCATION APPLICATION FORM - NURSE



If you wish to do IUD training at SHQ, please complete this form

Nurses are required to have a **high degree of clinical experience and training** to do IUD insertion training. Before commencing this training, practitioners should be very experienced in contraceptive counseling, and have well developed speculum and pelvic examination skills. Generally this would mean undertaking a Family Planning Certificate or Diploma, or having extensive clinical experience in women’s health and gynaecology.

For more information, contact Alison Creagh, Medical Educator alison.creagh@shq.org.au or Karen Bonte, Nurse Manager karen.bonte@shq.org.au

Name _____ Ph: _____

Postal Address _____

Email _____

1. Current role: (please circle) RN Nurse Practitioner Midwife
 Other.....

2. Do you have full Australian Health Practitioner Registration? Yes / No

3. Have you received training in contraception? Yes / No

If no, you are not yet eligible to undertake IUD training. If you are interested in undertaking this training, please see: <https://shq.org.au/education/courses/category/nurses/>

Please consider reapplying when you have acquired these skills and are using them confidently in your current practice.

If yes, outline your contraception training and/or education on the next page and attach relevant certificates with this application form

4. Have you received training in speculum examination of non-pregnant people, and/or pelvic examinations? Yes / No

If no, you are not yet eligible to undertake IUD training. If you are interested in undertaking this training, please see: <https://shq.org.au/education/courses/category/nurses/>

Please consider reapplying when you have acquired these skills and are using them confidently in your current practice.

If yes, outline your speculum examination skills training on the next page and attach relevant certificates with this application form

5. Do you currently insert IUDs? Yes / No

If no, have you performed IUD insertions in the past?

If yes - number _____ per year

If yes, How confident do you feel with insertion?

Not at all confident	Some confidence	Moderate confidence	Quite confident	Very confident

6. On completion of an IUD clinical placement, I will have the equipment, staff and practice support to be able to commence inserting IUDs within one month.

Yes

No

Unsure (please comment)

7. Outline your prior workplace experience training and confidence in:

Contraception provision	Training details:	
	Level of confidence	Not at all confident Some confidence Moderate confidence Quite confident Very confident
Gynaecology	Training details:	
	Level of confidence: speculum and bimanual examinations	Not at all confident Some confidence Moderate confidence Quite confident Very confident
Sexual health, or other relevant skills	Training details:	
	Level of confidence	Not at all confident Some confidence Moderate confidence Quite confident Very confident

8. Please outline 5 strong contraindications to the use of the combined contraceptive pill.

9. Please outline 5 strong contraindications to the use of an IUD.

10. Lucy, a 45 year old, comes to see you as she's interested in having an IUD for heavy menstrual bleeding. She stopped taking the combined pill to have a tubal ligation 5 years ago. Since then, her periods have gradually been getting heavier. Her cycle is 8/26-35, and she changes super tampons hourly in the first 3 days. She mentions that she's had three episodes of intermenstrual bleeding in the last two months.

What are the important diagnoses to exclude, and how will you make sure they are fully investigated?

11. If all investigations above were normal, what are the best **five** management options for heavy menstrual bleeding?

Please return to:
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