Sexual Health Quarters Medical Abortion Medication Instructions



Included in the pack

MS-2 Step

- ➔ Mifepristone 200mg (MS 2 Step Green Packet), 1 tablet
- Misoprostol 200mcg (MS 2 Step Purple Packet), 4 tablets

mTOP Assist

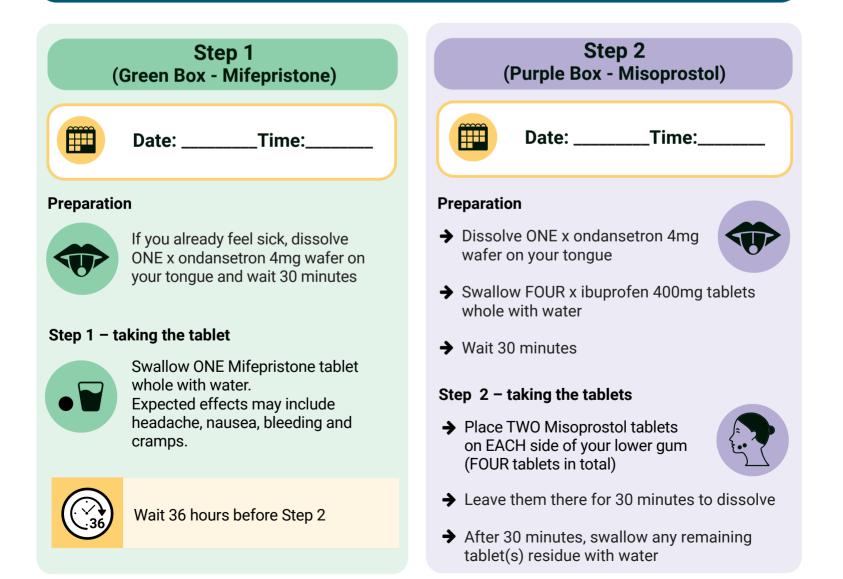
- ➔ Ondansetron 4mg, 3 wafers (in case of nausea)
- Paracetamol/codeine 500/30mg, 2 tablets (for pain relief)
- → Ibuprofen 400mg, 6 tablets (for pain relief)



If you are allergic to any of these medications, do not take them and re-consult your doctor.



If you have concerns about any side effects when taking these medications, please call 1800 4 Choice (1800 424 642) or HealthDirect on 1800 022 222



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Bleeding

- Pain, cramping and bleeding may begin anywhere from 30 minutes - 2 hours after Step 2
- ➔ You can also experience chills, dizziness, diarrhoea and vomiting
- ➔ Heat packs, hot water bottle and massaging the lower part of your tummy may help
- ➔ If you don't experience any bleeding within 24 hours, please call us on (08) 9227 6178

Complications

- Do not put anything into the vagina for 1 week For example: no fingers, tampons, menstrual cups, sex or toys.
- ➔ No exercise until you feel well again
- ➔ No returning to work/studies until you feel well
- Avoid travel until after your follow-up appointment
- Please call us if you experience a fever, unusual smelling discharge or pain that doesn't improve with medication

Follow up appointments

You must do a blood test to ensure the medications were successful. We will give you a pathology form that you can take to any PathWest Pathology centre to complete.



Next step: Blood test (Essential) Date Due:

You must also have a follow up appointment with a doctor to review the blood test results, and to ensure the medications were successful. If needed, future contraception options can also be discussed.



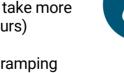
Next step: Follow Up Appointment (Essential) Date Due: _____

Pain

 If the pain is bad, swallow TWO paracatemol/codeine tablets with water



➔ After Step 2, you can also swallow ONE additional ibuprofen tablet 6 hours later, and another 6 hours later if needed (do not take more than 6 tablets in 24 hours)



 Please call us if your cramping does not get better with medication

 $\ensuremath{\textcircled{O}}$ The Family Planning Association of Western Australia (Inc.) March 2025



