

# Respectful Relationships, Consent and Sexual Health Education Sessions



## Education Sessions

SHQ's Youth Education team facilitate interactive Respectful Relationships, Consent and Sexual Health education sessions for young people.

The sessions are engaging and fun, with participants actively involved in their learning. We can deliver whole programs or individual sessions. We encourage having at least two sessions. This provides opportunity to build rapport, cover more topics, solidify knowledge, and provide an opportunity to answer young people's questions.

Topics can include but are not limited to:

- Respectful relationships
- Consent, sex and the law
- Consent & communication
- Bodies, sexual & reproductive systems
- Periods
- Sex, pleasure & rights
- Diversity in sex, gender & orientation
- LGBTIQ+ and being a good ally
- Contraception
- STI & BBV prevention
- Pregnancy choices
- Pornography
- Sexting and eSafety
- Sexual health & where to go for help

All sessions are tailored to meet the needs of the group.

*"Amazing session!  
our young people were  
so engaged"*  
*Youth Worker*



**Cost:** Price on application.  
Please contact us to discuss.

**Contact: Julien Cornu**  
☎ 08 6375 7700 ✉ [julien.cornu@shq.org.au](mailto:julien.cornu@shq.org.au)