



Nuts & Bolts of Sexual Health

This 3-day training is designed to increase knowledge, skills and confidence in having conversations with young people about respectful relationships and sexual health.

Nuts & Bolts develops the core knowledge, attitudes and skills required to provide information and support for young people.

Topics include:

- Respectful relationships
- Consent and the law
- Consent and communication
- Sexual rights
- Bodies: Sexual and reproductive systems
- Pleasure
- Contraception
- STIs
- Safer sex
- Unintended pregnancy and options in WA
- Porn and sexting
- Opening up conversations with young people
- Resources and referral pathways

Can be done in 3 days or in separate days.

Cost: Price on application.
Please contact us to discuss.

Contact: Mick Pierce
☎ 08 6375 7700 ✉ mick.pierce@shq.org.au

LGBTIQA+ Diversity Workplace Training

Our training aims to increase people's knowledge of LGBTIQA+ (Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual or otherwise diverse in sex, sexual orientation or gender) diversity, and increase their confidence to work inclusively with LGBTIQA+ clients and colleagues.

- Unpacking what LGBTIQA+ means
- Understanding the experiences of LGBTIQA+ people in Australia today
- Evidence-based barriers LGBTIQA+ people face when accessing services and at participating in work
- Practical strategies to support LGBTIQA+ people interpersonally and professionally
- Strategies to address discrimination
- Opportunities to ask questions throughout
- Useful resources and referrals
- Resources and referral pathways

In consultation, the training is tailored to the needs of your workplace or team.

Cost: Price on application.
Please contact us to discuss.

Contact: Alana Hunt
☎ 08 6375 7700 ✉ alana.hunt@shq.org.au

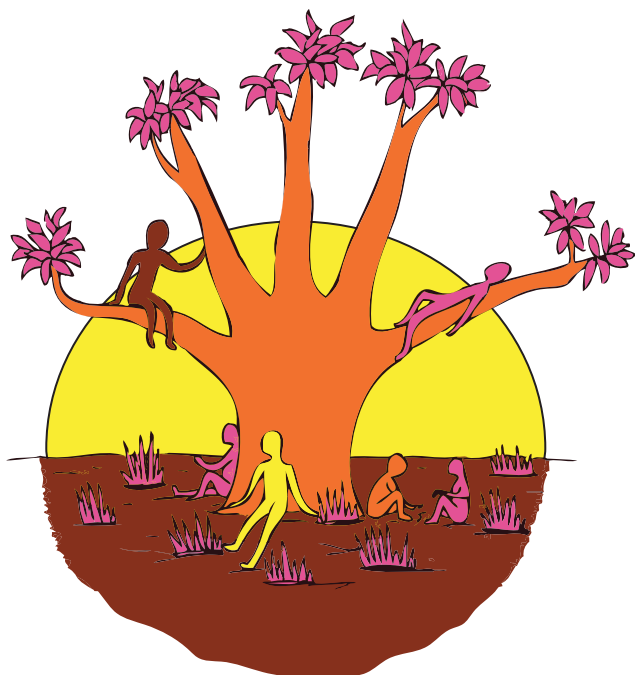
"Best training our team
has ever done"
Nurse, Bunbury

Mooditj Leader Training

Mooditj is a resilience, relationships and sexual health education program for young Aboriginal people aged 10-14 years. Mooditj Leader Training is a 3-day hands on course that builds your skills and confidence to run Mooditj groups for young people. The course is designed for Aboriginal community members and others who work with young Aboriginal people. Our Aboriginal Educators take a lead role in delivering this culturally safe and fun course.

Cost: Price on application.
Please contact us to discuss.

Contact: Jye Walker
☎ 08 6375 7700 ✉ jye.walker@shq.org.au



MOODITJ

STARS (Start Talking About Relationships and Sexual health)

STARS is a course that builds knowledge and confidence to yarn with young Aboriginal people about relationships and sexual health. This 2 day course is designed for Aboriginal community members and others working with young Aboriginal people. Our Aboriginal Educators ensure the course is fun, interactive and culturally safe.

Cost: Price on application.
Please contact us to discuss.

Contact: Jye Walker
☎ 08 6375 7700 ✉ jye.walker@shq.org.au

For any further enquiries about working with Aboriginal people and communities, contact Jye Walker as above.

Organisation In-House Training

Upskill your staff on topics such as:

- Young people & sexual health
- STIs and prevention
- Contraception
- Consent
- LGBTIQA+ diversity
- Creating safe and inclusive places and many more topics.

These can be delivered in your workplace or at SHQ, and are tailored to suit your staff's needs.

Cost: Price on application.
Please contact us to discuss.

Contact: Mick Pierce
☎ 08 6375 7700 ✉ mick.pierce@shq.org.au